

BACE 2023 CBE Requirements and Syllabus



BACE Childbirth Educator Training Program Requirements

All video learning, reading, and website research is assigned through [Google Classroom](#). Access is granted upon acceptance to the program, and requirements can be begun at any point prior to their due date. Start Google Classroom assignments in order listed. DO NOT WAIT to begin modules; session dates are the last day for them to be complete

Video-based Learning Requirements to be completed by all trainees by the end of course sessions. All are available through Evidence Based Births' Higher Ed program, and are listed below according to date/topic.

Reading Requirements to be completed by all trainees by the end of course sessions:

- Required Text: [Pregnancy, Childbirth and the Newborn](#), by Penny Simkin, et al.
- Choose two of the following books on childbirth history and philosophy:
 - [Ina May's Guide to Childbirth](#) by Ina May Gaskin
 - [Pushed: The Painful Truth About Childbirth and Modern Maternity Care](#) by Jennifer Block
 - [Birth: the Surprising History of How We Are Born](#) by Tina Cassidy
 - [The Thinking Woman's Guide to a Better Birth](#), by Henci Goer & Rhonda Wheeler
 - [Optimal Care in Childbirth: the Case for a Physiological Approach](#) by H. Goer and A. Romano
 - [Gentle Birth Gentle Mothering](#) by Sarah Buckley
- And one of the following books on Breastfeeding
 - [Nursing Mother's Companion](#) by Kathleen Huggins
 - [Breastfeeding Made Simple](#), by N. Mohrbacher & K. Kendall-Tackett
 - [Jack Newman's Guide to Breastfeeding](#) By J. Newman & T. Pitman

Become fluent with the following **websites**, which will be referred to regularly and utilized along with the texts:

- [Evidence Based Birth](#)
- [ACOG](#)
- [Spinning Babies](#)
- [March of Dimes](#)
- [Lamaze International](#) (infographics)
- [PubMed](#) (medical studies on all topics)
- [Cochrane Library](#) (RCTs)
- [Global Health Media](#)
- [VeryWell Family](#)
- [Science and Sensibility](#)
- [Penny Simkin on YouTube](#)
- [Childbirth Graphics](#)

All video learning, reading, and website research will need to be "turned in" through Google Classroom.

Other requirements to be completed:

- OPTIONAL for content: Attend the BACE Childbirth Education Workshop for Perinatal Health Workers, and/or Breastfeeding for Perinatal Health Workers
- Childbirth Education observation: Observe a 12-hour prepared or natural childbirth education class that includes medications, interventions, cesarean birth, and comfort measures, etc. taught by a currently certified BACE instructor
- Satisfactory completion of two teach-back presentations, more details in preparing these will be provided during sessions (due during sessions)
- Participation in all course sessions, see dates below

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*all dates listed are tentative at this time

Date*	Topic
Class 1 3.2.23	Intro to BACE and CBE Training BACE-NMC CBE Training Course, including requirements for certification
Class 2 3.9.23	Foundation Provider perspectives on CBE Teaching to adult learners Creating a safe space for learning Obstacles to teaching
Class 3 3.16.23	Planning Day 1 Planning your class Welcome/intros Anatomy & Physiology Last weeks of pregnancy Warning signs Measuring change Informed decision making Labor overview Closing your first class
Class 4 3.23.23	Planning Day 2 Welcome back tactics Labor exploration
Class 5 3.30.23	Planning Day 2 Coping through labor Teaching comfort measures Transition to birth setting
Class 6 4.6.23	Guest speaker Teachback 1
Class 7 4.13.23	Planning Day 3 Pain management decisions BRAIN Birth plans
Class 8 4.20.23	Planning Day 3 Second stage Medical interventions Vaginal birth Cesarean birth
Class 9 4.27.23	Teachback 2
Class 10 5.4.23	Planning Day 4 Unexpected outcomes Third stage Immediate postpartum Newborn Adjustment to parenting Wrap up Closing your series Certification requirements